

A					
SESSION 1 - 8:30AM					
Age Group	Event 1	Event 2	Event 3	Event 4	
Under 6 Boys	50m	On Track	100m		
Under 6 Girls	On Track	50m	On Track		
Under 7 Girls A	Long Jump 1	100m	Shot Put JS1		
Under 7 Girls B	Long Jump 2	100m	Shot Put JS2		
Under 7 Boys A	Discus JD1	Long Jump 5	100m		
Under 7 Boys B	Discus JD2	Long Jump 6	100m		
Under 8 Girls A	Shot Put JS1	100m	Long Jump 3		
Under 8 Girls B	Shot Put JS2	100m	Long Jump 4		
Under 8 Girls C	Shot Put JS3	100m	Long Jump 5		
Under 8 Boys A	Long Jump 3	200m	Discus JD1		
Under 8 Boys B	Long Jump 4	200m	Discus JD2		
Under 8 Boys C	Long Jump 5	200m	Discus JD3		
SESSION 2 - 10:00am					
Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
Under 9 Girls A	70m	Long Jump 3	200m	Discus JD1	
Under 9 Girls B	70m	Long Jump 4	200m	Discus JD2	
Under 9 Girls C	70m	Long Jump 5	200m	Discus JD3	
Under 9 Boys A	Discus JD1	200m	Shot Put JS1	70m	
Under 9 Boys B	Discus JD2	200m	Shot Put JS2	70m	
Under 9 Boys C	Discus JD3	200m	Shot Put JS3	70m	
Under 10 Girls A	200m	Turbo Javlin TJ1	70m	Long Jump 5	
Under 10 Girls B	200m	Turbo Javlin TJ2	70m	Long Jump 6	
Under 10 Boys A	Shot Put JS1	100m	Long Jump 3	200m	
Under 10 Boys B	Shot Put JS2	100m	Long Jump 4	200m	
Under 11 Girls A	Discus SD1	100m	Long Jump 1	200m	
Under 11 Girls B	Discus SD2	100m	Long Jump 2	200m	
Under 11 Boys	100m	Long Jump 6	200m	Shot Put SS1	
Under 12 Girls	Shot Put SS1	200m	Discus SD1	100m	
Under 12 Boys	100m	Long Jump 2	200m	Shot Put SS2	
Under 13 Girls	Long Jump 1	200m	Shot Put SS1	100m	
Under 14-17 Girls	100m	Javelin	200m	Discus SD1	
Under 13-17 Boys	200m	Shot Put SS2	100m	Long Jump 1	
* PLEASE ALLOW NO MORE THAN 40 MINUTES FOR HIGH JUMP TO BE COMPLETED					