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|--|------------------|---------------------------------------|------------------|------------------|------------------|
| SESSION 1 - 8:30AM   |                  |                                       |                  |                  |                  |
| Age Group  | Event 1          | Event 2                               | Event 3          | Event 4          |                  |
| Under 6 Boys   | On Track         | 70m                                   | On Track         | 50m              |                  |
| Under 6 Girls  | 70m              | On Track                              | 50m              | On Track         |                  |
| Under 7 Girls A  | Turbo Javlin TJ1 | 200m                                  | Shot Put JS1     | 70m              |                  |
| Under 7 Girls B  | Turbo Javlin TJ2 | 200m                                  | Shot Put JS2     | 70m              |                  |
| Under 7 Boys A   | Long Jump 3      | 200m                                  | Turbo Javlin TJ1 | 70m              |                  |
| Under 7 Boys B   | Long Jump 4      | 200m                                  | Turbo Javlin TJ2 | 70m              |                  |
| Under 8 Girls A  | 50m              | 60m Hurdles                           | Discus JD1       | 100m             |                  |
| Under 8 Girls B  | 50m              | 60m Hurdles                           | Discus JD2       | 100m             |                  |
| Under 8 Girls C  | 50m              | 60m Hurdles                           | Discus JD3       | 100m             |                  |
| Under 8 Boys A   | Discus JD1       | 100m                                  | 60m Hurdles      | 50m              |                  |
| Under 8 Boys B   | Discus JD2       | 100m                                  | 60m Hurdles      | 50m              |                  |
| Under 8 Boys C   | Discus JD3       | 100m                                  | 60m Hurdles      | 50m              |                  |
| 9:45am - 1500m (Under 11-17) and Walk (Under 9-17)                   |                  |                                       |                  |                  |                  |
| SESSION 2 - 10:00am  |                  |                                       |                  |                  |                  |
| Age Group  | Event 1          | Event 2                               | Event 3          | Event 4          | Event 5          |
| Under 9 Girls A  | 800m             | Shot Put JS1                          | Long Jump 3      | 200m             | 60m Hurdles      |
| Under 9 Girls B  | 800m             | Shot Put JS2                          | Long Jump 4      | 200m             | 60m Hurdles      |
| Under 9 Girls C  | 800m             | Shot Put JS3                          | Long Jump 5      | 200m             | 60m Hurdles      |
| Under 9 Boys A   | 100m             | Turbo Javlin TJ1                      | 70m              | Long Jump 3      | Shot Put JS1     |
| Under 9 Boys B   | 100m             | Turbo Javlin TJ2                      | 70m              | Long Jump 4      | Shot Put JS2     |
| Under 9 Boys C   | 100m             | Turbo Javlin TJ3                      | 70m              | Long Jump 5      | Shot Put JS3     |
| Under 10 Girls A   | Long Jump 5      | 400m                                  | Shot Put JS1     | 100m             | Turbo Javlin TJ2 |
| Under 10 Girls B   | Long Jump 6      | 400m                                  | Shot Put JS2     | 100m             | Turbo Javlin TJ3 |
| Under 10 Boys A  | Long Jump 3      | 400m                                  | Turbo Javlin TJ2 | Shot Put JS1     | 100m             |
| Under 10 Boys B  | Long Jump 4      | 400m                                  | Turbo Javlin TJ3 | Shot Put JS2     | 100m             |
| Under 11 Girls A   | High Jump 1*     |                                       | 400m             | Discus SD1       | 100m             |
| Under 11 Girls B   | High Jump 2*     |                                       | 400m             | Discus SD2       | 100m             |
| Under 11 Boys  | 100m             | Discus SD2                            | 400m             | High Jump 1 & 2* |                  |
| Under 12 Girls   | Shot Put SS1     | Javelin                               | 400m             | Long Jump 1      | 200m             |
| Under 12 Boys  | 800m             | Shot Put SS2                          | Triple Jump 1    | 80m Hurdles      | 200m             |
| Under 13 Girls   | 800m             | Triple Jump 1                         | 80m Hurdles      | 100m             | Discus SD2       |
| Under 14-17 Girls  | 800m             | Hurdles (14G)<br>90m Hurdles (15-17G) | Triple Jump 2    | 100m             | Discus SD1       |
| Under 13-17 Boys   | Discus SD1       | Long Jump 2                           | 400m             | Javelin          | 200m             |
| * PLEASE ALLOW NO MORE THAN 40 MINUTES FOR HIGH JUMP TO BE COMPLETED |                  |                                       |                  |                  |                  |