SESSION 1 9.20		B			
SESSION 1 - 8:30 Age Group	Event 1	Event 2	Event 3	Event 4	
Under 6 Boys	On Track	100m	On Track	70m	
Under 6 Girls	100m	On Track	70m	On Track	
Under 7 Girls A	100m	Long Jump 1	50m	Discus JD1	
Under 7 Girls B	100m	Long Jump 2	50m	Discus JD2	
Under 7 Boys A	Shot Put JS1	100m	Discus JD2	50m	
Under 7 Boys B	Shot Put JS2	100m	Discus JD3	50m	
Under 8 Girls A	200m	Discus JD1	70m	Long Jump 3	
Under 8 Girls B	200m	Discus JD2	70m	Long Jump 4	
Under 8 Girls C	200m	Discus JD3	70m	Long Jump 5	
Under 8 Boys A	70m	Long Jump 3	200m	Shot Put JS1	
Under 8 Boys B Under 8 Boys C	70m	Long Jump 4	200m	Shot Put JS2 Shot Put JS3	
	70m	Long Jump 5	200m		
9:45am - 1500m SESSION 2 - 10:0	<u> </u>	nd Walk (U9 - 700r	n, U10-U11 - 110	0m and U12-U17	- 1500m)
Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
Under 9 Girls A	100m	Turbo Javlin TJ1	400m	Long Jump 3	Discus JD1
Under 9 Girls B	100m	Turbo Javlin TJ2	400m	Long Jump 4	Discus JD2
Under 9 Girls C	100m	Turbo Javlin TJ3	400m	Long Jump 5	Discus JD3
Under 9 Boys A	Shot Put JS1	800m	Long Jump 3	100m	60m Hurdles
Under 9 Boys B	Shot Put JS2	800m	Long Jump 4	100m	60m Hurdles
Under 9 Boys B Under 9 Boys C	Shot Put JS2 Shot Put JS3	800m 800m	Long Jump 4 Long Jump 3	100m 100m	60m Hurdles 60m Hurdles
y	Shot Put JS3				
Under 9 Boys C	Shot Put JS3 High Jump 1	800m	Long Jump 3	100m	60m Hurdles
Under 9 Boys C Under 10 Girls A	Shot Put JS3 High Jump 1 High Jump 1	800m & 2 (scissors)*	Long Jump 3 70m 70m	100m Discus JD1	60m Hurdles 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B	Shot Put JS3 High Jump 1 High Jump 1 70m	800m & 2 (scissors)* & 2 (scissors)*	Long Jump 3 70m 70m High Jump 1 8	100m Discus JD1 Discus JD2	60m Hurdles 200m 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A	Shot Put JS3 High Jump 1 High Jump 1 70m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1	Long Jump 3 70m 70m High Jump 1 8	100m Discus JD1 Discus JD2 & 2 (scissors)*	60m Hurdles 200m 200m 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B	Shot Put JS3 High Jump 1 High Jump 1 70m 70m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2	Long Jump 3 70m 70m High Jump 1 a High Jump 1 a	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)*	60m Hurdles 200m 200m 200m 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A	Shot Put JS3 High Jump 1 High Jump 1 70m 70m Triple Jump 1	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m	Long Jump 3 70m 70m High Jump 1 a High Jump 1 a 80m Hurdles	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m	60m Hurdles 200m 200m 200m 200m 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B	Shot Put JS3 High Jump 1 High Jump 1 70m 70m Triple Jump 1 Triple Jump 2	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m	Long Jump 3 70m 70m High Jump 1 a High Jump 1 a 80m Hurdles 80m Hurdles	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m	60m Hurdles 200m 200m 200m 200m Discus SD1 Discus SD2
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B	Shot Put JS3 High Jump 1 High Jump 1 70m 70m 70m Triple Jump 1 Triple Jump 2 Javelin 800m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m 400m	Long Jump 3 70m 70m High Jump 1 a High Jump 1 a 80m Hurdles 80m Hurdles 80m Hurdles	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m	60m Hurdles 200m 200m 200m 200m Discus SD1 Discus SD1 Discus SD2 Shot Put SS2
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B Under 11 Boys	Shot Put JS3 High Jump 1 High Jump 1 70m 70m 70m Triple Jump 1 Triple Jump 2 Javelin 800m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m 800m 800m	Long Jump 3 70m 70m High Jump 1 & High Jump 1 & B0m Hurdles 80m Hurdles 80m Hurdles Long Jump 1 Shot Put SS2	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m Triple Jump 2	60m Hurdles 200m 200m 200m 200m Discus SD1 Discus SD2 Shot Put SS2 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B Under 11 Boys Under 12 Girls	Shot Put JS3 High Jump 1 High Jump 1 70m 70m 70m Triple Jump 1 Triple Jump 2 Javelin 800m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m 400m 800m 800m	Long Jump 3 70m 70m High Jump 1 & High Jump 1 & 80m Hurdles 80m Hurdles 80m Hurdles Shot Put SS2 Discus SD1	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m Triple Jump 2 100m	60m Hurdles 200m 200m 200m 200m Discus SD1 Discus SD2 Shot Put SS2 200m 200m
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B Under 12 Boys A Under 12 Boys A	Shot Put JS3 High Jump 1 High Jump 1 70m 70m 70m Triple Jump 1 Triple Jump 2 Javelin 800m 800m 800m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m 400m 800m 800m 400m	Long Jump 3 70m 70m High Jump 1 & High Jump 1 & 80m Hurdles 80m Hurdles 80m Hurdles 80m Hurdles 50m Hurdles 10 Shot Put SS2 Discus SD1 Discus SD2	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m Triple Jump 2 100m 100m	60m Hurdles 200m 200m 200m 200m Discus SD1 Discus SD1 Discus SD2 Shot Put SS2 200m Triple Jump 1 Triple Jump 2
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Boys Under 12 Boys A Under 12 Boys A	Shot Put JS3 High Jump 1 High Jump 1 High Jump 1 70m 70m 70m Triple Jump 1 Triple Jump 2 Javelin 800m 800m 800m 800m 800m 800m 800m 800	800m 2 (scissors)* 2 (scissors)* 2 (scissors)* Discus JD1 Discus JD2 800m 800m 800m 800m 800m 800m 800m 800m 10000	Long Jump 3 70m 70m High Jump 1 & High Jump 1 & 80m Hurdles 80m Hurdles 80m Hurdles biscus SD1 Discus SD1 Discus SD2	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m Triple Jump 2 100m 100m Javelin	60m Hurdles 200m 200m 200m 200m 0iscus SD1 Discus SD2 Discus SD2 Shot Put SS2 200m 200m 1riple Jump 1 Triple Jump 2
Under 9 Boys C Under 10 Girls A Under 10 Girls B Under 10 Boys A Under 10 Boys B Under 11 Girls A Under 11 Girls B Under 12 Girls Under 12 Boys A Under 12 Boys A Under 13 Girls A	Shot Put JS3 High Jump 1 High Jump 1 70m 70m 70m 100m 100m	800m & 2 (scissors)* & 2 (scissors)* Discus JD1 Discus JD2 800m 800m 800m 800m 800m 800m 1000 800m 800m 1000 10	Long Jump 3 70m 70m High Jump 1 & High Jump 1 & 80m Hurdles 80m Hurdles 80m Hurdles 80m Hurdles 100m 100m 100m	100m Discus JD1 Discus JD2 & 2 (scissors)* & 2 (scissors)* 100m 100m 200m Triple Jump 2 100m Javelin Javelin	60m Hurdles 200m 200m 200m 200m 0iscus SD1 Discus SD1 Discus SD2 Shot Put SS2 Shot Put SS2 200m 1riple Jump 1 Triple Jump 2 200m