

<b>1500m Run</b>	<b>8.30am</b>	<b>U11 - U17</b>	<b>WEEK 4 PROGRAM - 10/11/2018</b>		
<b>Walks Events</b>	<b>8.30am</b>	<b>U9 - U17</b>			
<b>Age Group</b>	<b>Event 1</b>	<b>Event 2</b>	<b>Event 3</b>	<b>Event 4</b>	<b>Event 5</b>
Under 6 Boys	On Track	100 Metres	On Track	50 Metres	
Under 6 Girls	100 Metres	On Track	50 Metres	On Track	
Under 7 Girls A	Discus JD1	50 Metres	Long Jump 7	100 Metres	
Under 7 Girls B	Discus JD2	50 Metres	Long Jump 8	100 Metres	
Under 7 Boys A	Long Jump 7	50 Metres	Shot Put JS1	200 Metres	
Under 7 Boys B	Long Jump 8	50 Metres	Shot Put JS2	200 Metres	
Under 8 Girls A	Long Jump 6	60 M Hurdles	70 Metres	Discus JD1	100 Metres
Under 8 Girls B	Long Jump 5	60 M Hurdles	70 Metres	Discus JD2	100 Metres
Under 8 Boys A	60 M Hurdles	Shot Put JS1	Long Jump 6	70 Metres	200 Metres
Under 8 Boys B	60 M Hurdles	Shot Put JS2	Long Jump 5	70 Metres	200 Metres
Under 9 Girls A	800 Metres	60 M Hurdles	Discus JD1	Long Jump 3	100 Metres
Under 9 Girls B	800 Metres	60 M Hurdles	Discus JD2	Long Jump 4	100 Metres
Under 9 Boys A	800 Metres	High Jump (S)	60 M Hurdles	Shot Put JS1	100 Metres
Under 9 Boys B	800 Metres	High Jump (S)	60 M Hurdles	Shot Put JS2	100 Metres
Under 10 Girls A	Long Jump 3	100 Metres	60 M Hurdles	Shot Put SS1	200 Metres
Under 10 Girls B	Long Jump 4	100 Metres	60 M Hurdles	Shot Put SS2	200 Metres
Under 10 Boys A	100 Metres	Long Jump 3	60 M Hurdles	Discus SD1	200 Metres
Under 11 Girls A	Long Jump 1	400 Metres	Shot Put SS1	60 M Hurdles	100 Metres
Under 11 Girls B	Long Jump 2	400 Metres	Shot Put SS2	60 M Hurdles	100 Metres
Under 11 Boys	Shot Put SS1	400 Metres	Long Jump 1	60 M Hurdles	100 Metres
Under 11 Boys B	Shot Put SS2	400 Metres	60 M Hurdles	Long Jump 1	100 Metres
Under 12 Girls	Discus SD1	400 Metres	100 Metres	60 M Hurdles	Long Jump 1
Under 12 Boys	Javelin	400 Metres	60 M Hurdles	High Jump 2	100 Metres
Under 13 Girls	Discus SD2	Triple Jump 2	200 Metres	100 Metres	80 M Hurdles
Under 13/14 Boys	100 Metres	Discus SD1	200 Metres	Triple Jump 2	80 M Hurdles
Under 14 Girls	100 Metres	Discus SD2	200 Metres	High Jump 1	80 M Hurdles
SENIOR Girls	High Jump 1	Javelin	200 Metres	100 Metres	90 M Hurdles
SENIOR Boys	High Jump 2	100 Metres	200 Metres	Javelin	90 M Hurdles