

		WEEK 7		19/12/2020	
<u>Age Group</u>	<u>Event 1</u>	<u>Event 2</u>	<u>Event 3</u>	<u>Event 4</u>	<u>Event 5</u>
Under 6 Boys	On Track	200 Metres	Long Jump 7&8	50 Metres	
Under 6 Girls	200 Metres	Long Jump 7&8	On Track	50 Metres	
Under 7 Girls A	70 Metres	Shot Put JS1	Long Jump 3	200 Metres	
Under 7 Girls B	70 Metres	Shot Put JS2	Long Jump 4	200 Metres	
Under 7 Boys A	TURBO JAV 1	70 Metres	Long Jump 6	100 Metres	
Under 7 Boys B	TURBO JAV 2	70 Metres	Long Jump 5	100 Metres	
Under 8 Girls A	Long Jump 6	70 Metres	200 Metres	Shot Put JS1	
Under 8 Girls B	Long Jump 5	70 Metres	200 Metres	Shot Put JS2	
Under 8 Boys A	Long Jump 3	70 Metres	TURBO JAV 1	100 Metres	
Under 8 Boys B	Long Jump 4	70 Metres	TURBO JAV 2	100 Metres	
<b>9.35am - 1500m (Under 11-17) and Walks (Under 9-17)</b>					
<b>SESSION 2 - 9.45am</b>					
<u>Age Group</u>	<u>Event 1</u>	<u>Event 2</u>	<u>Event 3</u>	<u>Event 4</u>	<u>Event 5</u>
Under 9 Girls A	800 Metres	TURBO JAV 1	Long Jump 3	70 Metres	Shot Put JS1
Under 9 Boys A	800 Metres	TURBO JAV 2	Long Jump 5	70 Metres	Shot Put JS2
Under 9 Boys B	800 Metres	TURBO JAV 3	Long Jump 6	70 Metres	Shot Put JS3
Under 10 Girls A	High Jump (S) 1		70 Metres	TURBO JAV 1	200 Metres
Under 10 Girls B	High Jump (S) 2		70 Metres	TURBO JAV 2	200 Metres
Under 10 Boys A	70 Metres	Shot Put SS1	200 Metres	High Jump (S) 1	
Under 10 Boys B	70 Metres	Shot Put SS2	200 Metres	High Jump (S) 2	
Under 11 Girls	Long Jump 1	800 Metres	Discus SD2	100 Metres	80 M Hurdles
Under 11 Boys	Triple Jump 2	800 Metres	Javelin	100 Metres	80 M Hurdles
Under 12 Girls	Discus SD1	100 Metres	80 M Hurdles	Triple Jump 2	200 Metres
Under 12 Boys	Javelin	100 Metres	Triple Jump 2	80 M Hurdles	200 Metres
Under 13/14 Girls	High Jump 1		80 M Hurdles	Shot Put SS2	400 Metres
Under 13/14 Boys	Shot Put SS2	400 Metres	80 M Hurdles	Long Jump 1	100 Metres
SENIOR Girls	90 M Hurdles	400 Metres	Discus SD1	High Jump 1	
SENIOR Boys	90 M Hurdles	400 Metres	Long Jump 1	100 Metres	Javelin