

WEEK 2 PROGRAM

WEEK 2 PROGRAM - 6/11/21					
Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
SESSION 1 - 8.30AM					
Under 6 Boys	100 Metres	On Track	70 Metres	On Track	
Under 6 Girls	100 Metres	On Track	70 Metres	On Track	
Under 7 Girls A	Shot Put JS1	70 Metres	Long Jump 5	200 Metres	
Under 7 Girls B	Shot Put JS2	70 Metres	Long Jump 6	200 Metres	
Under 7 Boys A	Long Jump 3	70 Metres	200 Metres	TUBRO JAV	
Under 7 Boys B	Long Jump 4	70 Metres	200 Metres	TUBRO JAV	
Under 7 Boys C	Long Jump 5	70 Metres	200 Metres	TUBRO JAV	
Under 8 Girls A	TUBRO JAV	60 M Hurdles	70 Metres	Long Jump 1	
Under 8 Girls B	TUBRO JAV	60 M Hurdles	70 Metres	Long Jump 2	
Under 8 Girls C	TUBRO JAV	60 M Hurdles	70 Metres	Long Jump 3	
Under 8 Boys A	60 M Hurdles	Long Jump 1	70 Metres	Shot Put JS1	
Under 8 Boys B	60 M Hurdles	Long Jump 2	70 Metres	Shot Put JS2	
9.35am - 1500m (Under 11-17) and Walks (Under 9-17)					
SESSION 2 - 9.45am					
Under 9 Girls A	TUBRO JAV	60 M Hurdles	400 Metres	Long Jump 5	70 Metres
Under 9 Girls B	TUBRO JAV	60 M Hurdles	400 Metres	Long Jump 6	70 Metres
Under 9 Boys A	60 M Hurdles	Long Jump 5	400 Metres	Shot Put JS1	70 Metres
Under 9 Boys B	60 M Hurdles	Long Jump 6	400 Metres	Shot Put JS2	70 Metres
Under 10 Girls A	800 Metres	Shot Put JS1	60 M Hurdles	100 Metres	Long Jump 3
Under 10 Boys A	800 Metres	Long Jump 3	60 M Hurdles	100 Metres	TUBRO JAV
Under 10 Boys B	800 Metres	Long Jump 4	60 M Hurdles	100 Metres	TUBRO JAV
Under 11 Girls A	Triple Jump 1		400 Metres	Shot Put SS2	100 Metres
Under 11 Girls B	Triple Jump 2		400 Metres	Shot Put SS1	100 Metres
Under 11 Boys A	Discus SD1	400 Metres	100 Metres	Triple Jump 1	
Under 11 Boys B	Discus SD2	400 Metres	100 Metres	Triple Jump 2	
Under 12 Girls	High Jump 2		100 Metres	Shot Put SS3	400 Metres
Under 12 Boys A	Shot Put SS2	100 Metres	Long Jump 1	Discus SD1	400 Metres
Under 12 Boys B	Shot Put SS1	100 Metres	Long Jump 2	Discus SD2	400 Metres
Under 13/14 Girls	100 Metres	Shot Put SS3	400 Metres	High Jump 1	
SENIOR Girls	High Jump 1		100 Metres	Javelin	400 Metres
SENIOR Boys	Javelin	400 Metres	100 Metres	High Jump 2	