

SESSION 1 - 8:30AM					
Age Group	Event 1	Event 2	Event 3	Event 4	
Tiny Tots					
Under 6 Girls A	200m	Slalom Relay	60m Mini Hurdles	Discus JD2	
Under 6 Girls B	200m	Slalom Relay	60m Mini Hurdles	Discus JD3	
Under 6 Boys A	Shot Put JS1	60m Mini Hurdles	200m	Slalom Relay	
Under 6 Boys B	Shot Put JS2	60m Mini Hurdles	200m	Slalom Relay	
Under 7 Girls A	Long Jump 1	Discus JD1	Slalom Relay	70m	
Under 7 Girls B	Long Jump 2	Discus JD2	Slalom Relay	70m	
Under 7 Boys A	Discus JD1	Slalom Relay	100m	Long Jump 1	
Under 7 Boys B	Discus JD2	Slalom Relay	100m	Long Jump 2	
Under 8 Girls A	Long Jump 5	Turbo Javelin JS1	200m	Slalom Relay	
Under 8 Girls B	Long Jump 6	Turbo Javelin JS2	200m	Slalom Relay	
Under 8 Boys A	Slalom Relay	200m	Long Jump 4	Turbo Javelin JS1	
Under 8 Boys B	Slalom Relay	200m	Long Jump 5	Turbo Javelin JS2	
Under 8 Boys C	Slalom Relay	200m	Long Jump 6	Turbo Javelin JS3	
<b>10:15am - 1500m run (U11 - Masters)</b>					
SESSION 2 - 10:15am					
Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
Under 9 Girls A	70m	Turbo Javelin JD1	4 x 100m Circular Relay	High Jump 1 & 2 (scissors)*	
Under 9 Girls B	70m	Turbo Javelin JD2	4 x 100m Circular Relay	High Jump 1 & 2 (scissors)*	
Under 9 Boys A	60m Hurdles	400m	Long Jump 3	4 x 100m Circular Relay	Discus JD1
Under 9 Boys B	60m Hurdles	400m	Long Jump 4	4 x 100m Circular Relay	Discus JD2
Under 9 Boys C	60m Hurdles	400m	Long Jump 5	4 x 100m Circular Relay	Discus JD3
Under 10 Girls A	800m	60m Hurdles	Shot Put JS1	Long Jump 5	4 x 100m Circular Relay
Under 10 Girls B	800m	60m Hurdles	Shot Put JS2	Long Jump 6	4 x 100m Circular Relay
Under 10 Boys A	Long Jump 3	60m Hurdles	70m	Discus JD1	4 x 100m Circular Relay
Under 10 Boys B	Long Jump 4	60m Hurdles	70m	Discus JD2	4 x 100m Circular Relay
Under 11 Girls A	Discus SD1	800m	80m Hurdles	4 x 100m Circular Relay	Triple Jump 1
Under 11 Girls B	Discus SD2	800m	80m Hurdles	4 x 100m Circular Relay	Triple Jump 2
Under 11 Boys A	Long Jump 1	100m	80m Hurdles	4 x 100m Circular Relay	Javelin
Under 11 Boys B	Long Jump 2	100m	80m Hurdles	4 x 100m Circular Relay	Javelin
Under 12 Girls A	Javelin	Discus SD1	800m	Long Jump 1	4 x 100m Circular Relay
Under 12 Girls B	Javelin	Discus SD2	800m	Long Jump 2	4 x 100m Circular Relay
Under 12 Boys	Shot Put SS2	Long Jump 2	400m	Javelin	4 x 100m Circular Relay
Under 13 Girls	800m	Shot Put SS3	Triple Jump 1	80m Hurdles	4 x 100m Circular Relay
Under 13 Boys	400m	Shot Put SS2	Javelin	80m Hurdles	4 x 100m Circular Relay
Under 14 Girls	High Jump 3 & 4*		400m	Discus SD1	4 x 100m Circular Relay
Under 14-17 Boys, U20 Men & Open/Masters Men	Shot Put SS3	400m	Triple Jump 2	4 x 100m Circular Relay	90m Hurdles
Under 15-17 Girls, U20 Women & Open/Masters Women	800m	Triple Jump 1	Discus SD2	4 x 100m Circular Relay	90m Hurdles
<b>* PLEASE ALLOW NO MORE THAN 40 MINUTES FOR HIGH JUMP TO BE COMPLETED</b>					