

Meet 6 - A 22 November 2025

SESSION 1 - 8:30AM					
Age Group	Event 1	Event 2	Event 3	Event 4	
Tiny Tots					
Under 6 Girls A	Long Jump 1	On Track	70m	Vortex JD1	
Under 6 Girls B	Long Jump 2	On Track	70m	Vortex JD2	
Under 6 Boys A	Discus JD1	70m	Long Jump 1	On Track	
Under 6 Boys B	Discus JD2	70m	Long Jump 2	On Track	
Under 7 Girls A	100m	Long Jump 5	200m	Shot Put JS1	
Under 7 Girls B	100m	Long Jump 6	200m	Shot Put JS2	
Under 7 Boys A	Shot Put JS1	200m	Long Jump 3	70m	
Under 7 Boys B	Shot Put JS2	200m	Long Jump 4	70m	
Under 8 Girls A	100m	60m Hurdles	Shot Put JS1	50m	
Under 8 Girls B	100m	60m Hurdles	Shot Put JS2	50m	
Under 8 Boys A	200m	60m Hurdles	Discus JD1	100m	
Under 8 Boys B	200m	60m Hurdles	Discus JD2	100m	
Under 8 Boys C	200m	60m Hurdles	Discus JD3	100m	
9:45am - Walks - U9 (700m), U10 - U11 (1100m) and U12 - Masters (1500m)					
SESSION 2 - 10:00am					
Age Group	Event 1	Event 2	Event 3	Event 4	Event 5
Under 9 Girls A	Discus JD1	70m	Long Jump 5	200m	60m Hurdles
Under 9 Girls B	Discus JD2	70m	Long Jump 6	200m	60m Hurdles
Under 9 Boys A	High Jump 1 & 2 (scissors)*		70m	Discus SD3 (throwers over 10m)	200m
Under 9 Boys B	High Jump 1 & 2 (scissors)*		70m	Discus JD2	200m
Under 9 Boys C	High Jump 1 & 2 (scissors)*		70m	Discus JD3	200m
Under 10 Girls A	Long Jump 3	70m	Discus JD1	60m Hurdles	200m
Under 10 Girls B	Long Jump 4	70m	Discus JD2	60m Hurdles	200m
Under 10 Boys A	800m	Turbo Javelin JS1	100m	60m Hurdles	Long Jump 3
Under 10 Boys B	800m	Turbo Javelin JS2	100m	60m Hurdles	Long Jump 4
Under 11 Girls A	Long Jump 1	400m	Shot Put SS2	100m	Javelin
Under 11 Girls B	Long Jump 2	400m	Shot Put SS3	100m	Javelin
Under 11 Boys A	Discus SD1	100m	80m Hurdles	200m	Triple Jump 1
Under 11 Boys B	Discus SD2	100m	80m Hurdles	200m	Triple Jump 2
Under 12 Girls A	800m	Discus SD1	100m	High Jump 3 & 4*	
Under 12 Girls B	800m	Discus SD2	100m	High Jump 3 & 4*	
Under 12 Boys	High Jump 3 & 4*		400m	Javelin	100m
Under 13 Girls	Javelin	Long Jump 2	400m	Shot Put SS3	200m
Under 13 Boys	80m Hurdles	800m	Long Jump 1	100m	Discus SD1
Under 14 Girls	Shot Put SS2	80m Hurdles	100m	Triple Jump 1	200m
Under 14-17 Boys, U20 Men & Open/Masters Men	90m Hurdles	800m	Long Jump 2	100m	Discus SD2
Under 15-17 Girls, U20 Women & Open/Masters Women	Shot Put SS3	Javelin	400m	Long Jump 2	200m

* PLEASE ALLOW NO MORE THAN 40 MINUTES FOR HIGH JUMP TO BE COMPLETED