



# GUNLAC Weekly Wrap-up

Week 8, 2017-18 Season

## Sign up for the Little Athletics ACT Relay Carnival: Saturday 16 December 2017

The Little Athletics ACT Relay Carnival is being held on Saturday 16th December 2017 at Woden Park. The carnival is open to ALL athletes, including Under 6s. On this Saturday there will be no normal GUNLAC meet held.

### Start time

This year the carnival will be run differently - younger age groups will compete FIRST starting at 9am, with an expected finish time of approximately 10.30am (depending on numbers entered). This will be for **Under 6, Under 7 and Under 8** athletes. Under 9 - Under 17 athlete events will commence once younger athletes are finished, but not before 10am.

### Events

A full list of events by age group can be found on the event flyer which is available on our website ([relay carnival page](#)). All age groups expect Under 6s compete in four events, two track and two field.

### How do we sign-up?

Email us your name, registration number and age group to [carnivals@gunlac.org.au](mailto:carnivals@gunlac.org.au) so we can put teams together. ACT Little Athletics has also asked that parents sign up their athletes online so field event recording sheets can be printed prior to the carnival (to save time on the day!) - find links for this on the [relay carnival page](#) on our website.

### Do we need to make-up teams of four?

No - we are able to put together teams on the day, including with other centres if we have extra athletes or not quite enough to make a full team. We will email GUNLAC teams the week before the carnival however these can be adjusted on the day if necessary. Often athletes will compete across multiple age groups to ensure that everyone can compete in both relays.



Please note - athletes must have a GUNLAC uniform with Age patch, sponsor patch and Registration number to compete. Parents will be asked to assist on the day.

## Wet Weather!!

The forecast is for rain this Saturday - in the event that it is raining on Saturday morning, or if the grounds are too wet, we will make a decision by 8am Saturday morning (usually before). The notice of cancellation will go up on the GUNLAC website - [www.gunlac.org](http://www.gunlac.org) and also on Facebook. If Sportsgrounds are closed we will cancel earlier than this time as we are not allowed to use the grounds once closed.

Remember - No notice means the meet will go ahead!

## Key Diary Dates for the remainder of the season

A quick reminder of some key dates for the rest of the season:

**Saturday December 9th** - our final GUNLAC Meet before Christmas holiday break. We will have a special visitor this day and some treats for the kids!

**Saturday 20th January 2018** - First meet back in 2018.

**Saturday 27th January 2018** - NO meet due to Australia Day holiday

**Sunday February 25th 2018** - ACT Little Athletics Multi-event Carnival (Under 8s and above able to enter)

**Saturday March 17th** - Final GUNLAC Meet and Presentation Day

**Weekend of 23rd, 24th, and 25th March** - ACT Championships (Under 8s and above able to enter)

### COLES SPONSOR PATCHES NOW AVAILABLE!

Coles is the new major sponsor of Little Athletics Australia. All Little Athletes have been provided a Coles sponsor patch for their uniforms, which can be picked up from the registration desk from this Saturday.

All athletes who wish to compete in Little Athletics ACT carnivals this season (Relay, Multievent and ACT Championships) must wear the sponsor patch at these carnivals.

## Need More Info?

### GUNLAC website

Our website has a wealth of information including the Club Handbook, Club Records, Season Calendar and Training information. Make sure you check it regularly.

### Like us on FACEBOOK

We regularly put information on our Facebook page including photos from meets, training updates, wet weather notices and lots of other useful information. Make sure you like our page and like our posts regularly to ensure you keep on seeing our posts on your newsfeed.

### Contact our Committee

The best way to contact our committee is via our enquiries email - [enquiries@gunlac.org.au](mailto:enquiries@gunlac.org.au)



